



USD 270 NEWSLETTER FEBRUARY 2020

WINTER GLACADE CANDIDATES



Back Row: Aiden Jones, Kaiden Van Schuyver, Jordan Finnesy, Kyler Sander, Cody Crawford
Front Row: Halli Friend, Melinda Ruder, Reagan Wilkerson, Jayde Hosier, Brianna Houser

6th Grade Honor Roll

2nd Quarter

All A Honor Roll



Lanie Becker
Ryddik Bethel
Travis Cavanaugh
Avery Grebowiec
Kaeleigh Klein
Peyton Krob
Ben Rinehart
Rylan Weltmer
Addison Williams

A and B Honor Roll

Chasey Bittel
Ryken Brown
Corgan Burke
Emma Fuzzell
Shayla Hageman
Ben Mesecher
Reagan Meyers
Corbin Phlieger
Riley Rogers
Tucker Rudman
Addison Staab
Zayne Stahl



6th Grade Honor Roll

1st Semester



All A Honor Roll

Lanie Becker
Ryddik Bethel
Travis Cavanaugh
Avery Grebowiec
Kaeleigh Klein
Peyton Krob
Ben Rinehart
Rylan Weltmer
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A and B Honor Roll

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Riley Rogers
Tucker Rudman
Addison Staab
Zayne Stahl





Plainville High School Honor Roll

1st Semester

| | | |
|---------------------------|----|----------------------------|
| Bieker, Allison Sue | 12 | Administrator's Honor Roll |
| Casey, Jared Matthew | 12 | Administrator's Honor Roll |
| Dewey, Aubree Krisabeth | 12 | Administrator's Honor Roll |
| Ferland, Carly Paige | 12 | Administrator's Honor Roll |
| Finnesy, Jordan Duane | 12 | Administrator's Honor Roll |
| Hosier, Jayde Lynn | 12 | Administrator's Honor Roll |
| Houser, Brianna Marie | 12 | Administrator's Honor Roll |
| Jones, Heidi Elizabeth | 12 | Administrator's Honor Roll |
| Kaiser, Jersey Alexis | 12 | Administrator's Honor Roll |
| Mesecher, Breanna Mae | 12 | Administrator's Honor Roll |
| Ruder, Melinda Rose | 12 | Administrator's Honor Roll |
| VanSchuyver, Kaiden James | 12 | Administrator's Honor Roll |
| Augustine, Brianna Rose | 11 | Administrator's Honor Roll |
| Bouchey, Brady Noel | 11 | Administrator's Honor Roll |
| Dopita, Daniel Nathan | 11 | Administrator's Honor Roll |
| Kerns, Gabe Patrick | 11 | Administrator's Honor Roll |
| Krob, Parker Owen | 11 | Administrator's Honor Roll |
| Pelton, Clay Austin | 11 | Administrator's Honor Roll |
| Russell, Isaiah Aaron | 11 | Administrator's Honor Roll |
| Smith, Jonah Lee | 11 | Administrator's Honor Roll |
| Hansen, Benjamin Leon | 10 | Administrator's Honor Roll |
| Hovis, Draxtin | 10 | Administrator's Honor Roll |
| Normandin, Logan Xavier | 10 | Administrator's Honor Roll |
| Paramore, Amber Rose | 10 | Administrator's Honor Roll |
| Reif, Abby Claire | 10 | Administrator's Honor Roll |
| Rogers, Cheyenne | 10 | Administrator's Honor Roll |
| Rudman, Emma | 10 | Administrator's Honor Roll |
| Cellmer, Carter Reece | 9 | Administrator's Honor Roll |
| Dinkel, Alessa Ellen | 9 | Administrator's Honor Roll |
| Garvert, Michael Lee | 9 | Administrator's Honor Roll |
| Kaiser, Cohen | 9 | Administrator's Honor Roll |
| Kerns, Gracie RayAnn | 9 | Administrator's Honor Roll |
| LeMarr, Lilly | 9 | Administrator's Honor Roll |
| Marquess, Corbyn Asher | 9 | Administrator's Honor Roll |
| Rogers, Taylor | 9 | Administrator's Honor Roll |
| Slothower, Josiah | 9 | Administrator's Honor Roll |
| Smyth, Caxton | 9 | Administrator's Honor Roll |
| Voss, Luke Matthew | 9 | Administrator's Honor Roll |

Plainville High School Honor Roll continued



| | | |
|---------------------------|----|--------------------|
| Bebb, Rebecca Lynn | 12 | Regular Honor Roll |
| Becker, Reece Elizabeth | 12 | Regular Honor Roll |
| Brown, Carver Thomas | 12 | Regular Honor Roll |
| Dinkel, Alena Lynn | 12 | Regular Honor Roll |
| Friend, Halli Jaye | 12 | Regular Honor Roll |
| Hunziker, Molly Elizabeth | 12 | Regular Honor Roll |
| Jones, Aiden Kenobi | 12 | Regular Honor Roll |
| Merritt, Justina Leigh | 12 | Regular Honor Roll |
| Norton, Emily Ann | 12 | Regular Honor Roll |
| Ostrom, Christian Rayne | 12 | Regular Honor Roll |
| Paramore, Shelby Lynne | 12 | Regular Honor Roll |
| Russell, Joshua Christian | 12 | Regular Honor Roll |
| Shadle, Audri Nicole | 12 | Regular Honor Roll |
| Sutter, Nickolus Wayne | 12 | Regular Honor Roll |
| Werner, Grace Meredith | 12 | Regular Honor Roll |
| Wiesner, Colten Ross | 12 | Regular Honor Roll |
| Wilkerson, Reagan Ann | 12 | Regular Honor Roll |
| Wise, Ashley Renee | 12 | Regular Honor Roll |
| Wray, Trenton Matthews | 12 | Regular Honor Roll |
| Brown, Elizabeth Jade | 11 | Regular Honor Roll |
| Hageman, Reagan | 11 | Regular Honor Roll |
| Hovis, Britynn Emmaleigh | 11 | Regular Honor Roll |
| Morain, Jami Leigh | 11 | Regular Honor Roll |
| Morain, Jenna Lynn | 11 | Regular Honor Roll |
| Staab, Brooklyn Grace | 11 | Regular Honor Roll |
| Thiel, Hayden | 11 | Regular Honor Roll |
| Waggoner, Jaycie Renee | 11 | Regular Honor Roll |
| Brin, Brandon Michael | 10 | Regular Honor Roll |
| Cole, Betty | 10 | Regular Honor Roll |
| Dewey, Anderson | 10 | Regular Honor Roll |
| Easterberg, Jlynn Joy | 10 | Regular Honor Roll |
| Hamilton, Ethan | 10 | Regular Honor Roll |
| Kraushaar, Kyron Joseph | 10 | Regular Honor Roll |
| Langholz, Kiara N. | 10 | Regular Honor Roll |
| Cimaglia, Cory Michael | 9 | Regular Honor Roll |
| Harmon, Raeleigh Shane | 9 | Regular Honor Roll |
| Rathbun, Jada | 9 | Regular Honor Roll |
| Reese, Stella Mae | 9 | Regular Honor Roll |
| Westhusin, Isaac Russell | 9 | Regular Honor Roll |

Plainville High School Honor Roll continued

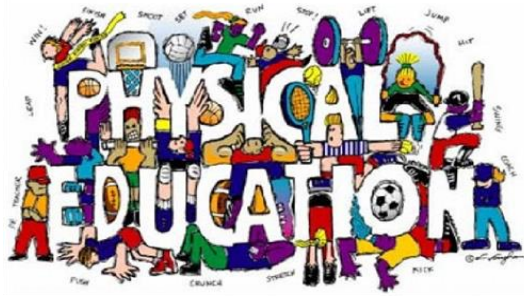


| | | |
|------------------------|----|-------------------|
| Bice, Alexia Rae | 12 | Honorable Mention |
| Gosselin, Braden Dean | 12 | Honorable Mention |
| Sander, Kolton Brock | 12 | Honorable Mention |
| Sander, Kyler James | 12 | Honorable Mention |
| Dobson, Cael Benton | 11 | Honorable Mention |
| Hinger, Jenna Loreen | 11 | Honorable Mention |
| Nuss, Brooke Lynn | 11 | Honorable Mention |
| Ostmeyer, Preston Ross | 11 | Honorable Mention |
| Rathbun, Peyton | 11 | Honorable Mention |
| Rohr, Tyler | 11 | Honorable Mention |
| Smith, Hope Lee Ann | 11 | Honorable Mention |
| Tuttle, Carter | 11 | Honorable Mention |
| Whitney, Garrett | 11 | Honorable Mention |

December Students of the Month



11/12 Carter Tuttle
7/8 Jesse Wilkerson
9/10 Caxton Smyth



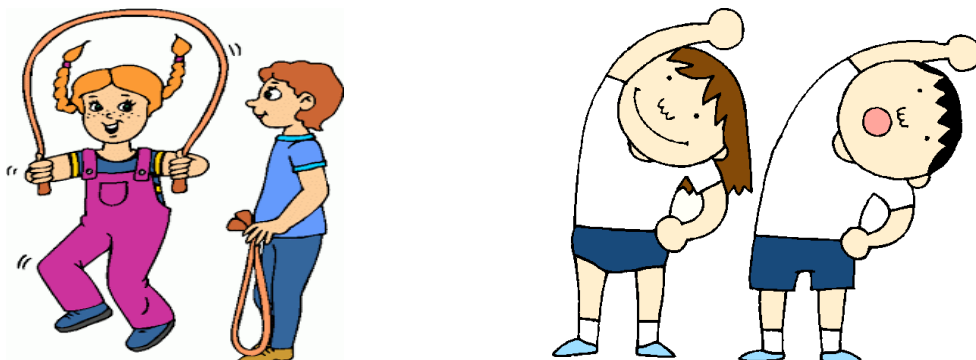
MRS. RUDMAN PHYSICAL EDUCATION

2020 Go Red Fundraiser

February is heart health month, and the Plainville Elementary students discuss different ways to keep their hearts healthy. They will also be raising money to make a difference in their own school. Last year, we held our first Go Red Fundraiser that was a huge success. The students were so happy to not only donate to the American Heart Association, but they also were very excited to see what kind of equipment was purchased for physical education classes along with indoor recess activities.

This year we are setting ourselves a big goal! We are aiming to raise half the cost for a large cement slab to be placed on the playground. This would not only give kids a place to play basketball and four-square, but it would also provide a place to play outside on muddy days.

The students will be looking to raise money around town to help contribute to our cause. There will be small incentives such as a free entry to a high school basketball game and a T-shirt made by our Cardinal Creations. Please consider helping us reach our goal of improving our playground so that we can spend more time being physically active at school!



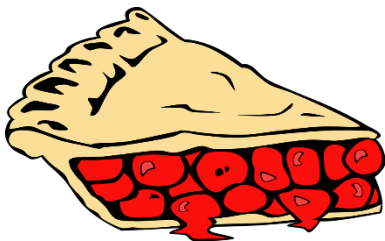


MRS. STAMPER

FACS, FCCLA, CARDINAL CREATIONS

Everyone is busy in the Family and Consumer Science classrooms. Culinary Arts is filled with students busy learning to organize, prepare, and plate edible goodies. Students have made everything from Green Bean Dumpling Soup (a fan favorite) to batches of sugar cookies for the holidays. In the near future these students will become entrepreneurs by designing and creating dishes to be sold at their own food trucks in the classroom competition. We will be looking for judges if you are interested. Graphic Design is diligently clicking away creating PHS Play programs for Alice @ Wonderland in March. They are also creating fabulous designs that will be displayed at the Hays Art show in the Spring. Our Human Development class is diving into pregnancy and raising children. Don't be too shocked to see several students carrying their "babies" around during the weekends. Do make sure their babies are being cared for properly. The 8th graders in Intro to FACS are anxiously waiting to try out their sewing and cooking skills. This is always a favorite unit for all the students. Finally, Cardinal Creations is busy creating designs to please all our customers. Please let them know if you have any ideas for Valentine's Day, St. Patrick's Day or eventually Graduation in May.

Don't forget FCCLA will be celebrating FCCLA Week Feb 10th - 14th, be on the lookout for some of our fun events throughout school.





Plainville

USD 270

...where students walk through the doors of opportunity every day

Fuel Your February with a Hot Breakfast!

What better way to start a chilly February day than with a hot breakfast? February is National Hot Breakfast month! We know it can be tough to serve up a healthy meal during the morning rush. That's why we offer so many tasty breakfast options at school! Starting the day with a hot breakfast isn't just delicious and satisfying – it also comes with many other benefits!



Our Breakfast Promise

Schools that offer breakfast options must provide one quarter of your child's daily need for calories and essential vitamins such as:

- Protein
- Calcium
- Iron
- Vitamin A
- Vitamin C

Your child can always choose from dairy options like milk and yogurt, a variety of fruit and vegetables, and grain-based options such as pancakes or waffles. Yum!¹



What Makes a Nutritious Breakfast?

The morning meal should include a protein source, such as eggs, milk, or meat options. It should also include a fruit or vegetable. Red foods like cherries, peppers and tomatoes are especially rich in antioxidants.²

Allow children to mix-up their morning favorites so they don't have to eat the same meal two or three days in a row. This not only reduces boredom, but ensures they eat a more well-rounded diet.



Breakfast Goals!

There are so many reasons to start the day with a tasty meal! Why not make it a goal to ensure your child gets a hot breakfast every school day this February? Have your child mark a calendar with a sticker every morning they have a hot breakfast.

Did You Know?

Students who eat a nutritious breakfast in school have shown improved attentiveness and decreased tardiness and suspensions.⁴

1. <https://www.parents.com/recipes/scoop-on-food/do-your-kids-really-need-to-eat-breakfast/>
 2. <https://www.everydayhealth.com/healthy-recipe-pictures/pic-from-a-rainbow-of-beautiful-fruits-and-veggies.aspx>
 3. <https://www.catright.org/food/nutrition/cat-right-at-school/breakfast-in-schools-healthy-nutritious>
 4. <https://www.catright.org/food/nutrition/cat-right-at-school/breakfast-in-schools-healthy-nutritious>






Breakfast is served 7:30 a.m. - 7:55 a.m. in the Cafeteria



FEBRUARY LUNCHES



| Mondav  <p>When you are kind to others, it not only changes you, it changes the world.</p>  <i>- Harold Kushner</i> | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|---|
| 3. Pig in a Blanket Potato Wedges Broccoli Mandarin Oranges Milk | 4. Chicken Wrap Romaine & Tomato Spanish Rice (6-12) Fresh Carrots Tropical Fruit Milk | 5. Skroodlegetti Romaine/Spinach Salad Peas (9-12) Garlic Bread (9-12) Peaches Milk | 6. Taco Salad Fiesta Black Beans Cinnamon Bun Pineapple Milk | 7. Chicken n Noodles Mashed Potatoes Steamed Carrots Roll (6-12) Apples Milk |
| 10. Hamburger Romaine/Tomato Sweet Potato Fries Peaches Oatmeal Cookie (9-12) Milk | 11. Chicken Nuggets French Fries Broccoli WW Roll (6-12) Strawberries Milk | 12. Chili Cinnamon Rolls Fresh Carrots/Celery Pears Milk | 13. Baked Ham Slice Seasoned Potatoes Peas WW Roll Rosy Applesauce Milk | 14. Beef Taco Pie Shredded Lettuce/Salsa Black Beans Cinnamon Apples Milk <i>Happy Valentine's Day!</i>  |
| 17. Ham n Cheese Sandwich Tri-Taters Broccoli Tropical Fruit Milk | 18. Pepperoni Pizza Romaine/Spinach Salad Fresh Carrots Apples Milk | 19. Soft Tacos Shredded Romaine Diced Tomatoes Refried Beans Peaches Milk | 20. Italian Pasta Bake Green Beans Garlic Bread (9-12) Rosy Applesauce Milk | 21. Breaded Chicken Patty Mashed Potatoes Gravy Steamed Carrots Mandarin Oranges Milk |
| 24. Beef n Bean Burrito Romaine/Tomato Mexican Corn Salsa/Chips (9-12) Apples Milk | 25. Stromboli Squares Baked Beans Tater Tots Tropical Fruit Milk | 26. Cod Filets Oven Potatoes Biscuit Cheese Stick (6-12) Green Beans Grapes Milk | 27. Turkey n Cheese Sub Romaine/Tomato Broccoli w/Cheese Seasoned Potatoes Orange Wedges Milk | 28. <p style="text-align: center;">No School</p> <p style="text-align: center;">State Wrestling</p> |

All Menu Items are subject to change. Meals served w/1% White Milk or Skim Chocolate Milk
 Extra Milk .40
 ALL students will have choices of fruit (K-12)
 ALL BREADS made/used in the USD 270 Kitchen are Whole Grain
 This Institution is an Equal Opportunity Provider



FEBRUARY BREAKFAST



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| | | | | |
| 3. Biscuits n Gravy or Cereal Choice Tropical Fruit Milk | 4. Breakfast Burrito or Cereal Choice Orange Milk | 5. Cheese Omelet or Cereal Choice Toast Apple Milk | 6. Yogurt Parfait or Cereal Choice Graham Cracker Pears Juice Milk | 7. Cereal Choices Peaches Juice Milk |
| 10. Ham Breakfast Bar or Cereal Choice Tropical Fruit Milk | 11. Pancakes Sausage Links Fruit Juice Mandarin Oranges Milk | 12. Cereal Choices Peaches Juice Milk | 13. Mini French Toast or Cereal Choice Pineapple Milk | 14. Bagels W/Toppings or Cereal Choice Banana Milk |
| 17. Yogurt or Cereal Choice Toast Pineapple Milk | 18. Breakfast Bites or Cereal Choice Pears Juice Milk | 19. Cereal Choices Apples Juice Milk | 20. Banana Bread Slice String Cheese or Cereal Choice Oranges Milk | 21. Waffle Sticks Sausage Links Peaches Milk |
| 24. Cereal Choices Pears Juice Milk | 25. Oatmeal Breakfast Round or Cereal Pineapple Milk | 26. Breakfast Biscuit Sandwich Or Cereal Orange Milk | 27. Cereal Choices Graham Bug Bites Peaches Juice Milk | 28. No School State Wrestling |

All Menu Items are subject to change. Meals served w/1% White Milk or Skim Chocolate Milk
 ALL STUDENTS will be served 1 cup fruit or 1/2c juice AND 1/2c fruit
 This institution is an equal Opportunity provider.

FEBRUARY 2020 - Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|---|--|
| | | | | | | 1 |
| | | | | | | |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | NHS Induction Ceremony 7:00pm Rooks Co. Spelling Bee @ Sacred Heart | BB vs Trego @ Home 4:30pm Winter Glacade Crowning Ceremony | | Forensics @ Kinsley 3:30 pm JH WR @ Hill City 5:00pm Regional Scholars Bowl @ Wakeeney 3:00pm | BB vs Oakley @ Home 4:30pm WR vs Hill City, Fredonia @ Home 6:00pm | Winter Glacade Dance |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | FCCLA Week Board of Education Meeting 7:00pm | BB vs Hoisington @ Home 4:30 | FCCLA District B STAR Events @ Lakeside School dismissal 1:30pm Teacher Collaboration | FFA Selection Day & Speech @ Home 2:00pm JH WR @ Stockton 5:00pm | BB vs Norton @ Home 4:30pm JH WR @ Smith Center 5:00pm HS WR @ Smith Center 6:30pm  | JH WR Panther Classic @ Phillipsburg 9:00am State Scholar's Bowl Forensics Tourn @ Beloit 7:30am |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Booster Club Meeting @ Plainville Library 7:00pm | | BB @ Ellinwood 4:30pm | FFA Ag Mechanics | MCEL WR Tournament @ Ellis 3:00pm | BB @ Hill City 4:30pm Regional WR | Forensics @ Ransom 7:30am Regional WR |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | National FFA Week | BB vs TMP @ Home 4:30pm Jr ACT Assessment | Jr WorkKeys Assessment MCEL Music @ Norton | Forensics @ Home 3:15pm JH Scholars Bowl @ Palco 4:00pm | No School State WR @ FHSU | State WR @ FHSU |